



HOW DO YOU  
PROTECT YOUR  
CHILDREN  
FROM ....

# Drugs

# Alcohol

**Informational Parent  
Meeting**

**October 27, 2015**

**Glendora High School's  
Little Theater**

**6:30-8:00pm**

## What you will learn

According to the National Institute on Drug Abuse, teenagers whose parents talk to them regularly about the dangers of drugs are 42% less likely to use drugs than those whose parents don't. However, only a quarter of teens report having these conversations.

**Foothill Family, a leader among the substance abuse prevention and recovery treatment centers, will present information on:**

- *Most effective parental strategies for good conversation*
- *What to ask your children about drug use*
- *Signs and indicators of substance abuse*
- *Steps you can take if you believe your teen is using*

Free child care for kids 5<sup>th</sup> grade and under is available. Call Melissa Germann to secure a spot: 626-963-1611 x370



**A presentation that will change the way you communicate with your child.**

Speaker Quiana Roberts, MFT Intern, has 5 years of experience working with at risk teens and youth struggling with substance abuse and parent/peer conflicts. She is currently a School-Based Therapist with Foothill Family in the Duarte/Azusa communities.